

## Practitioner Programme Fees

Because the process is an individual one it is not possible to say exactly what the fees will be, but will probably be in the region of £1850. Most people will need about 12 - 18 months to become a Focusing Practitioner, and you can spread the cost over this period. You can take longer if it is helpful for you, but it is important not to lose momentum. The following is intended as a guide to help you plan. The initial fee is a minimum of £500. You then pay in instalments when you run out of credit, or you can pay the full amount of £1850 at the start of your training.

### *The cost of the Focusing Practitioner Programme includes:*

- ♦ Self and Mentor Assessment sessions (SPA) – 1 hour each – 3 sessions @ £100 = **£300**. This includes reading your essays; and reading and responding to session reports; ad hoc phone calls and email correspondence during your training.
- ♦ One hour Focusing sessions with your Primary Mentor approximately every month. It is possible to conduct these sessions on the phone or by Skype – 12 @ £35 = **£420**.
- ♦ Attendance on BFA Certificate workshops -- 5 @ £110 each (10 days) = **£550**. The cost is based on half price for the module at £75, plus £35 for a post-workshop consultation.
- ♦ 3 x online Practitioner training modules = **£360**
- ♦ Another module with me, e.g. Setting up your professional practice, Wholebody Focusing, Focusing and Creativity, Focusing and Dreams, Introduction to TAE = **£120**.
- ♦ You will also be expected to attend at least one advanced workshop run by another Focusing teacher.
- ♦ There will also be Focusing and consultation sessions with your secondary mentor approximately every four months. You will need to negotiate individually with your mentor about the fee for this.

The training officially begins with acceptance on the programme, with you becoming a trainee practitioner at the first self and primary mentor assessment session (SPA), and payment of £500.